



Swedish Mountain Guide Association (SBO)

APPLICATION FORM FOR THE SWEDISH MOUNTAIN GUIDE TRAINING



NAME: _____ BIRTHDATE: _____

ADDRESS: _____

TELEPHONE: _____ EMAIL: _____

GENERAL PRECONDITIONS

1. The applicant should be a member of the Swedish Mountain Guide Association (SBO) at the time the training starts.
2. The applicant should be at least 22 years old the year the training starts.
3. The applicant should be completely healthy with a Health Certificate from a certified physician.
4. The applicant should have at least 5 years climbing experience with high competency in climbing and buddy rescue.
5. The applicant should have at least 5 years skiing experience and being able to ski easily on all kinds of terrain, snow conditions and steepness.
6. The applicant must have completed first aid course or similar. Please attach.
7. The applicant must have completed climbing instruction training. Please note that specific rules apply to applicants from other countries than Sweden, e.g. Finland, Denmark and Iceland. Please attach.
8. The applicant must have an interest and will to share his/her experiences and enthusiasm as well as being positive and responsible. Please attach reference from UIAGM certified mountain guide.
9. The applicant must speak and write English. The training is held in Swedish and English.

SPECIFIC PRECONDITIONS

The applicant should present and certify:

1. A list of minimum 50 alpine routes climbed as the lead climber or every other pitch as the lead.

The alpine routes should include minimum:

- 10 routes on rock (in mountain boots with minimum 250 vertical meters or 10 pitches)
- 10 routes on snow and ice (winter, minimum grade WI5)
- 10 routes in mixed terrain (summer and winter)

Minimum 20 routes should have a descent by foot on another route.

Minimum 10 routes should be of alpine grade D or more than 800 vertical meters climbing.

Minimum 1 route should include a considerable challenge technically, physically and mentally (alpine route of grade TD-ED).

2. A list of minimum 20 rock climbing routes of minimum grade Swedish VI/ French 6a+ climbed as the lead climber from minimum 5 different climbing areas. The routes should be on natural protection (trad).
3. A list of minimum 5 multi-pitch routes on rock of minimum grade Swedish V +/- French 5c climbed as the lead climber or every other pitch as lead.
4. A list of minimum 5 artificial climbing routes of minimum grade A2 climbed as the lead climber or every other pitch as lead.
5. A list of minimum 20 ski tours with minimum 700 vertical meters including minimum: 10 in Sweden/Norway/Iceland, 10 with minimum 1000 vertical meters, and 5 in glacier terrain.
6. A list of minimum 3 alpine multi-day ski tours with minimum 2 nights on each route. At least 1 route should include bivouac/tent, and all routes should be unmarked.
7. A list of experiences as instructor or group leader on climbing courses or alpine climbing trips.
8. A list of experiences as group leader on day/multi-day/alpine/off-piste tours on skis.
9. Other experience where you have had the role as a leader, e.g. military service, mountain rescue or other work experience.

1. A list of minimum 50 alpine routes climbed as the lead climber or every other pitch as the lead.

The alpine routes should include minimum:

- 10 routes on rock (in mountain boots with minimum 250 vertical meters or 10 pitches)
- 10 routes on snow and ice (winter, minimum grade WI5)
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Route/grade/area	Year	With who: name/tel.no
10 alpine routes on rock		

Route/grade/area	Year	With who: name/tel.no

4. A list of minimum 5 artificial climbing routes of minimum grade A2 climbed as the lead climber or every other pitch as lead.

Route/grade/area	Year	With who: name/tel.no

6. A list of minimum 3 alpine multi-day ski tours with minimum 2 nights on each route. At least 1 route should include bivouac/tent, and all routes should be unmarked.

Tour/area/number of days	Year	With who: name/tel.no

7. A list of experiences as instructor or group leader on climbing courses or alpine climbing trips.

Tour/area/number of days	Year	Organisation/employer: name/tel.no

8. A list of experiences as group leader on day/multi-day/alpine/off-piste tours on skis.

Tour/area/number of days	Year	Organisation/employer: name/tel.no

9. Other experience where you have had the role as a leader, e.g. military service, mountain rescue or other work experience.

PLACE / DATE

SIGNATURE